

## **Julian's Primary School**

### **Sex and Relationship Education Policy**

This policy has been written in consultation with staff and Governors, Parents/Carers, Local Authority & Working with Men consultants, the Healthy Schools advisor and the Lambeth School Nursing team. SRE teaching and learning at Julians Primary school follows the core curriculum for London. This scheme of work was developed as a complete scheme of work for primary schools to deliver SRE. The development of the scheme was a joint collaboration between Haringey, Croydon and Lambeth local authorities using a range of materials including those developed through the Chris Winter organisation and Channel 4 education department.

It is the governors' responsibility to ensure that this policy is carried out effectively. The governing body should be clear that it is their responsibility to ensure that the resources used are appropriate to the age and maturity of pupils.

#### **Rationale**

"Effective Sex and Relationship education is essential if young people are to make responsible and well informed decisions about their lives" DFEE" guidance 2000.

The teaching of Sex and Relationships education includes planned opportunities to support the development of self-confidence and relationships, enabling pupils to participate in the wider community. It promotes an understanding of the range of family groups and other people who contribute to providing children with the care, love and support they need to grow and develop.

This policy has been developed to ensure that staff and parents/carers are clear about the statutory requirements regarding Sex and Relationships Education and the pupils receive their educational entitlement. The statutory requirements and guidance are outlined in:

Guidance on Sex and Relationship Education DfEE 2000  
National Healthy School Guidance (DfEE 1999)  
National Curriculum – PSHE and Citizenship Stages 1 and 2  
Ofsted reports

It is important that staff and relevant visitors (e.g School Nurse) understand that they have a responsibility to implement this policy. The Sex and Relationships policy is complementary to the PSHCE and Child Protection policies

#### **Morals and Values Framework**

In line with government guidance "SRE should be firmly rooted in the framework for PSHE". Children will learn about moral values through all aspects of school life and all curriculum areas.

## **Aims of Sex and Relationship Education**

“Effective SRE should teach young people to understand human sexuality and understand themselves and others. It enables young people to mature, to build up their confidence and self-esteem and understand the reasons for delaying sexual activity. It builds up knowledge and skills which are particularly important today because of the many different and conflicting pressures on young people” (DfEE guidance 2000)

At Julian’s the emphasis is placed on developing healthy and balanced relationships of all kinds. Central to Sex and Relationship education is the growth of self-esteem and taking responsibility for oneself and one’s own actions.

Taking into account of the age, maturity and needs of the pupils, Sex and Relationships Education aims to:

- Provide a secure environment in which pupils can ask questions and discuss sensitive issues.
- Correct misunderstandings and address concerns children may have gathered from their peers and media
- Give clear information, developing an awareness and understanding of the human body
- Support pupils to understand and express their feelings through providing vocabulary and developing confidence and communication skills
- Develop an understanding and value of other people’s beliefs, needs and feelings
- Equip pupils with the skills needed to develop a range of relationships
- Develop respect and sensitivity to others through a knowledge of difference
- Develop an understanding of the individual’s ability to make healthy choices
- Provide information about agencies, which can give support, and information on health and related issues.

## **Content**

Throughout the school pupils will be taught (see appendix):

- That humans move, feed, grow, use their senses and reproduce
- To recognise, name and compare the main parts of the body
- That humans and animals can produce babies and that these grow into children and then adults
- To recognise the similarities and differences between themselves and treat others with sensitivity
- That the life processes common to humans and other animals include growth, nutrition and reproduction
- About the main stages of the human life cycle

Pupils will be made aware of

- The importance of health and hygiene

- Developing feelings of self-respect, self esteem, self confidence, sympathy and empathy
- How to develop skills to be effective in all relationships
- The physical, emotional and social changes that take place around puberty

## **Organisation of Sex and Relationships Education**

Sex and Relationships education is co-ordinated by the mentors and SMT. SRE will be delivered by the mentor team with follow up work delivered by the class teacher and other agencies such as the school nurse as and when appropriate.

The scheme of work will be delivered in a variety of ways using a range of teaching and learning styles to support pupil participation and the development of skills, attitudes and knowledge. There may be times when single gender groups are more appropriate (e.g. by pupil request or the discretion of the class teacher).

## **Delivery**

Delivery of SRE teaching will be through

- PSHE and SRE schemes of work from Reception to Year 6
- discussions, stories, circle time and class topics. In discussions, a box will be available for sensitive questions when children may wish to remain anonymous
- National Curriculum science guidelines
- Assemblies

There are many opportunities for the pupils to look at issues such as caring and sharing, feelings, respect and relationships together as a whole school.

Staff will need professional development opportunities to ensure they can deliver the contents of the policy. This is the responsibility of the SMT who will consult staff on their training needs on a yearly cycle.

Pupils cannot be withdrawn from any teaching that is part of the National Curriculum. However, parents/carers will have the right to view materials to be used and may be able to withdraw their child from elements of Sex and Relationships education that fall outside of the National Curriculum. Any parent/carer wanting to withdraw their child should discuss this with the head teacher.

## **Harassment and Bullying**

Pupils come from a variety of backgrounds and are entitled to learn in an accepting and supportive environment. Some pupils may use terms associated with sexuality as a way to harass other pupils. This is unacceptable and will be dealt with in line with the school behaviour and anti bullying policy. We teach the children the importance of tolerance and that although some faiths may have views on what is right or wrong in religious terms, there is a clear distinction between factual information and views and beliefs. This is particularly pertinent to the issue of homosexuality and same sex relationships.

## **Assessment**

Teachers will have a scheme of work to support the delivery of Sex and Relationships education across the school, which provides learning objectives and assessment opportunities. The scheme, agreed London wide, is planned to ensure progression and to build upon previous learning.

### **Monitoring and Evaluating the policy**

The school wide community will be consulted about the implementation of the policy.

The Governing Body will monitor and evaluate the effectiveness of the policy in the teaching of SRE at Julian's Primary School.

### **Answering difficult questions**

"Ground rules" are established to ensure that all comments and conversations are de-personalised. Questions may be asked and will be responded to sensitively and factually, using the staff member's professional judgement. Question boxes are used so that children can remain anonymous if they so wish. If there are any concerns about answering a question, senior management advice will be sought as soon as possible and followed up in a later lesson.

### **Child Protection**

The school is legally required to follow child protection procedures. Whilst encouraging a trusting relationship between staff and pupils, it is important to remember that complete confidentiality cannot be given. Should there be any concerns about an individual's response, staff will consult with the head teacher.

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Approved by GB.....Sophie Faber.....